



## ERRC JIRR Trials 2025

### Notice of Competition

#### 1.0 Date, Venue and Application of Rules

- a. The 2025 Eastern Region Rowing Council (ERRC) Junior Inter-Regional Regatta Trials will be held on Sunday 16th March (from approx. 10:30hrs to 16:30hrs) at Peterborough City Rowing Club, Thorpe Meadows, PE36LN.
- b. The Trials are run in accordance with the British Rowing Regulations, the Rules of Racing and RowSafe guidance together with its associated documents. Competitors and coaches are reminded that they should be familiar with these documents. Local Rules may also apply.

#### 2.0 Events and Fees

- a. This event is for selection of crews to represent the Eastern Region at the Junior Inter-Regional Regatta, which is to be held on Saturday 26th April 2025 at The National Water Sports Centre, Nottingham.

- b. Events are offered at this competition as follows:

Junior 14	Junior 15	Junior 16
J14 4x+	J15 4x+	J16 4x-
WJ14 4x+	WJ15 4x+	WJ16 4x-
J14 2x	J15 2x	J16 2-
WJ14 2x	WJ15 2x	WJ16 2-
	J15 1x*	J16 2x
	WJ15 1x*	WJ16 2x
	J15 4+	J16 1x*
	WJ15 4+	WJ16 1x*



		J16 4+
		WJ16 4-

\* Two entries are permitted in these events, which will be divided into 1st Boats and 2nd Boats classes based on time trial results.

The J16 8+ and WJ16 8+ will be selected from race results, with Schools Head given priority.

Adaptive events will be selected separately depending on entries.

c. Entry fee is £10 per seat (excluding coxes).

### 3.0 Conditions of Entry

**Primary Conditions of Entry** (further competitor instructions and conditions will be made available at a later date).

- a. All entries and payments to be made through BROE. Payment to be made before the draw.
- b. The event is aimed at J14, J15 and J16. Entries will be accepted with J13 rowers but only up to 50% of the crew. J12's are not permitted to compete.
- c. Entries must be made through BROE. Entries will open at 12:00hrs (noon) on Monday 27<sup>th</sup> January 2025 and must be submitted by 16:00hrs on Friday 7<sup>th</sup> March 2025. The event does not accept any late entries.
- d. The draw will take place on Sunday 9<sup>th</sup> March 2025 and will be published on the ERRC website by 22:00hrs that day.
- e. Doubling up is permitted and boat sharing by no more than 2 crews. However, there will be no opportunity to alter the racing schedule so coaches will need to be mindful of this. Trebling up is not permitted.



- f. The Organising Committee (OC) encourages teams to avoid doubling up of athletes. However, where it is not possible to field a full team without this, it may be permitted if the meeting schedule allows.
- g. As this is a selection event it is expected that clubs will be clear about which are their fastest crews. The number of crews entered in any event from a club is limited to 3.
- h. When entering multiple crews into the same event please use crew letters for speed order i.e. 'A' for fastest, 'B' for next fastest, 'C' for third fastest. This may determine acceptance of crews.
- i. Those selected to represent the Eastern Region will have t-shirts of the appropriate colour. Selected crews will be asked to provide t-shirts sizes.
- j. On-site catering will be available around the boating area throughout the day.
- k. The Organising Committee reserves the right to alter the course or remove certain events due to adverse weather conditions.
- l. Queries to [easternjirr@gmail.com](mailto:easternjirr@gmail.com)

#### **4.0 Race Format and Progression**

- a. All racing will take place over 1000m from a stakeboat start with a Time Trial from a stakeboat start for the first round of racing. It will be important that competitors understand that the results of this Time Trial will determine progression to the finals as follows:
  - 1 to 4 entries will race a straight final
  - 5 to 8 entries will race a time trial with the fastest 4 crews from the 2 races will progress through to A final
  - 9+ entries will race a time trial with the fastest 4 crews through to the final
  - 6+ entries there may be the capacity to run a B final for crews, subject to timetable
- b. If there are circumstances where the finals cannot be run as planned (for instance deteriorating weather) then the results of the Time Trial will stand for Eastern Region selection. Coaches are advised to prepare their crews for this eventuality and ensure that they aim to do their best time in the Time Trial.



- c. To ensure fair and equal racing across time trial races in the same event, these may be started on time, without reference to latecomers
- d. Coaches will be permitted to support crews attaching to stakeboats at the start.
- e. Events will be run in the following order:
  - J14 4x+
  - WJ14 4x+
  - J16 4x
  - WJ16 4x
  - J15 4x+
  - WJ15 4x+
  - J16 1x
  - WJ16 1x
  - J15 1x
  - WJ15 1x
  - J15 4+
  - WJ15 4+
  - J16 4+
  - WJ16 4-
  - J14 2x
  - WJ14 2x
  - J16 2x
  - WJ16 2x
  - J15 2x
  - WJ15 2x
  - J16 2-
  - WJ16 2-

Note: the above order will be subject to change based on the number of races determined by the number of entries received, which will influence the racing schedule and the amount of time between races. This may influence doubling up and boat sharing opportunities.



## 5.0 Clean Sport Statement

- a. The ERRC JIRR Trials is committed to Clean Sport. All athletes, athlete support personnel and clubs are bound and must abide by the World Anti-Doping Agency Code. Athletes competing at the event could be tested at any time, and by entering this event it will be deemed that consent to be tested has been given.
  
- b. To understand more about anti-doping, the rules and your responsibilities, go to [www.britishrowing.org/knowledge/cleansport](http://www.britishrowing.org/knowledge/cleansport) or email [cleansport@britishrowing.org](mailto:cleansport@britishrowing.org).