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## Help shape the future of This Girl Can

**Take our short survey and let us know your views**

It's been a year since we launched [This Girl Can With You](#), our pledge to work with more organisations to cut the enjoyment gap between women and men in sport and physical activity.

We'd like to understand how our partners and supporters are currently engaging with this phase of the campaign and inspiring women and girls to be active.

Your feedback will [help shape the next chapter of This Girl Can](#) and the support it provides.

The survey takes about 10 minutes to complete and closes on Wednesday 14 February.

**[Share your views](#)**



## Statement on the Disability Action Plan

**Our chief executive has reacted to the publication this week**

Earlier this week, the government published its new [Disability Action Plan](#), setting out the actions it will take in 2024 to improve the lives of disabled people.

Following its publication, Tim Hollingsworth, our chief executive and disability and access ambassador for sport and physical activity, [issued a statement](#). He said:

"The plan sets out a broad approach and includes a number of necessary actions that will go some way to improving the lives of disabled people in this country.

"There is, of course, no silver bullet that will solve all of the problems facing disabled people overnight, but this publication represents a milestone for everyone who cares about tackling inequality and removing the barriers disabled people face on a daily basis."

[Read the full statement](#)



## Environmental sustainability workshops

The free training is available over the next two months

As part of our commitment to improving environmental sustainability across our sector, we've organised a series of free workshops and training opportunities on the topic.

The first set of workshops – available either in person or online over the next two months – turn climate science into a game to help people learn more about our own impact on climate change.

The second set allow members of our sector to then become workshop facilitators themselves and share their knowledge.

And the final set of in-person and online workshops use the power of imagination to collectively vision a transition to a sustainable future for sport and physical activity.

Use the links below to find out more and sign up.

[Climate Fresk workshops](#)

[Climate Fresk training](#)

[Sport Imaginarium workshops](#)



## Carbon literacy training

### Free courses for the sport sector on taking climate action

We've teamed up with BASIS (the British Association for Sustainable Sport) to arrange a [series of free training days](#) aimed at supporting and educating the sector on carbon literacy.

Available this month and next, the courses will raise awareness of greenhouse gas emissions, their role in climate change and what you can do about it.

The online sessions are already full but you can join a waiting list. Alternatively, there are places available at several in-person events around the country.

[Book your place](#)

# Active Together Podcast

Get Out  
Get Active



## Active Together: a new podcast

The bi-weekly series has been produced by [Get Out Get Active](#)

A new podcast series by [Get Out Get Active](#) (GOGA) is sharing people's experience of the programme and how it's helped them to become active, or support others to be active.

Created by the charity [Activity Alliance](#), and funded by us, GOGA aims to bring disabled and non-disabled people together to be active, engaging the least active communities in fun and inclusive ways.

The first episode of the [Active Together podcast](#) was released on 1 February to coincide with Time To Talk Day and features two volunteers discussing the benefits of a men's walk and talk group that they lead.

If your organisation would like to get involved and you have a great idea for the podcast, [you can email GOGA directly](#).

[Find out more](#)



## IWG newsletter set for relaunch

Register to keep up to date with the latest news, insights, events and more

[IWG Women & Sport](#) is preparing to [relaunch its newsletter](#) soon, sharing updates on its work across the globe.

Established in 1994, IWG is the world's largest network dedicated to advancing gender

equity and equality in sport, physical education and physical activity.

You can expect the latest news, expert insights, case studies and toolkits, and information on upcoming events and seminars from around the world.

[Sign up](#)



## Personal triumphs beyond the numbers

**Plus, the Muslim Sports Foundation's ethos and check out Mind's new campaign**

We've recently added three more opinion pieces to our site from guest contributors, on topics of importance both to our sector and wider society.

[To mark National Apprenticeship Week](#), Paul Thompson – Coach Core's director of people and learning – tells us about the initiatives improving people's lives and communities, and how we can all be part of these positive plans.

We also celebrated Race Equality Week and [heard from the Muslim Sports Foundation](#) about their efforts to ensure people's differences within the organisation are celebrated and turned into a strength to help them meet their mission.

And, on Time to Talk Day, we [learned about Mind's new mental health initiative](#), 'Spot. Support. Signpost.', designed to help everyone participating, working or volunteering in sport and physical activity to look out for each other.

[Read the blogs](#)

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