



Eastern Junior Interregional championship selection policy for 2022 event. November 2021

The Junior Inter Regional championship (JIRR) for J14- J16 is being planned for **Nottingham on Saturday April 23rd 2022.**

This document aims to describe key principles and processes for the selection of crews to represent the Eastern Region for this event. Given the current pandemic a pragmatic approach will be required.

Due to the pandemic this cohort of juniors have had a mixed introduction to rowing and racing and the intention (for this year only) is to have a regional team that maximises the opportunities for juniors to represent the region. To this end we will not be expecting juniors to double up or to compete in other than their age group unless for the most exceptional circumstances.

It makes sense to identify possible candidates and gather as much information as possible in terms of both fitness, boat speed and race experience. This information will be made available to all other coaches and any private matches/ race offs are encouraged to hone race experiences as well as provide back up information should the selection events not go ahead as planned/ hoped.

So we would ask coaches to:

1. Use the intention to enter spreadsheet to add possible crews
2. Please also log any of the following for your crews:
 - i. Ergo scores
 - ii. Timed water pieces (preferably two way pieces from a standing start to account for wind and flow over a measured distance) .
 - iii. Any race experience e.g. private matches, time trials or regular timed pieces
 These can be added to the intention to enter spreadsheet or via errcjuniors@gmail.com
3. Be clear about who are your best crews for the events. We may need to restrict entry to 1 or 2 crews per club per event class.

Events for the junior Interregional championships are expected to be as follows (TBC)

| | 8+ | 4+ | 4- | 2- | 4x | 4X+ | 2x | 1x |
|-----|-----|-----|----|----|-----|-----|-----|-----|
| J14 | | | | | | O/W | O/W | O/W |
| J15 | | O/W | | | | O/W | O/W | O/W |
| J16 | O/W | O | W | W | O/W | | O/W | O/W |

Note the addition of WJ16 2-

Intention to enter spreadsheet

There is an Intention to Enter and performance spreadsheet on this link :

https://docs.google.com/spreadsheets/d/1xqqlzBwst_CHG-28kKv1CoXrhRSDw7rhYOu2H4T0prk/edit?usp=sharing

The aim of this spreadsheet is so that coaches know which crews are likely to be entering and adjust their planning and entries accordingly.

It will also be used to assist event organisers with planning of the selection events.

Please can all coaches who are likely to submit entries contact the team manager errcjuniors@gmail.com to request editor permissions for the spreadsheet. (anyone with link can view though)

Selection Dates:

Plan A

Sweep oar events - February 13th 2022

Bedford Fours and Eights HOR

W/O J168+ ; W/O J16 4+, W/O J154+

Arrangements will be made for JIRR selection crews to race in the same specified division.

Sculling events Feb 27th 2022 Peterborough RC

W/O J14 1x, 2x and 4x+

W/O J15 1x, 2x and 4x+

W/O J16 1x,2x and 4x

WJ 16 2-

However we know that the weather does not always allow these events to go ahead so back up plans are as follows:

Plan B

Champs Junior Sculling HOR 19th March 2022, Cambridge

Plan C

Will be determined by the information available from recent events entered as well as the athlete information that has been provided on the intention to enter spreadsheet. Race offs may be arranged between specific crews as needed.

Please be in contact with the team manager with progress and any queries. And any practical support is required to help manage any private matches/ race offs etc.

Team Manager

Helen Knowles

Junior Representative | Eastern Regional Rowing Council errcjuniors@gmail.com

Assistant team manager

Dave Kempself