



Safety Alert - Get help to buy your own AED

Some clubs have their own AED (Defibrillator) – that’s great. Just make sure that yours is available for immediate use when needed and that you know how to use it.

Some clubs have access to an AED nearby – that’s good but it may not be good enough. If you have to go somewhere else to fetch it then, unless you can get it back to the club in less than a minute, you may be too late. Consider getting your own. They are not expensive.

The critical issue here is **time**. Every minute lost reduces the chances of recovery and makes a full recovery less likely too.

How do you get financial help? Go to the [London Hearts website](#), and click on “apply for a defib”. You could also contact the Club Community Engagement officer on 02070432493 or at cerys@londonhearts.org or.

This is the deal:-

- London Hearts provides a grant of £300-£350 making the cost from them £750.
- The charity can provide a locked, heated box for £395 (these market at £500).
- There is no VAT to pay if the club is a registered charity (not a CASC) or if these purchases result from fundraising.
- They normally supply the IPAD SPI AED, but other models are available.
- Our Medical Adviser rates this as a very neat and effective machine.
- The SPI has internal diagnostics that notifies the user if there are any problems.
- It has a 10 year warranty and these problems will be fixed by the manufacturer, free.
- It is a dual function model so that it can be used for adults or kids with the same pads.
- It can be mounted in a box as a Public Access Defibrillator or inside on brackets.
- It needs to be protected from frost. (The pads are damaged below 0° C.)
- Additional funding may be available and the charity can help you to find this.
- The club would be expected to appoint a "guardian" and register the AED as normal.

Maintenance costs are not excessive, the items commonly replaced are:-

- Pads (cost £30 each, last about 2 years)
- Battery (costs £135, lasts about 5 years)

Learn what to do if someone collapses. There are lots of training and online packages around and there is more information in the [Staying Alive Safety Alert](#).

Follow-up on this offer to get your club’s own AED. Do not delay, this offer may not last forever.

Get your own AED - It may save someone’s life.

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