



Club Plans

Members' use of equipment and facilities at Yare Boat Club during the Covid-19 pandemic

Risk of cross infection of Covid-19 from use of facilities - Club plan

14 May 2020

The principles of use set out below are those of hygiene, social distancing and staying away if you are an infection risk, as well as courtesy and collaboration.

Following the lockdown and the recent changes announced for physical exercise on 10 May 2020 and the change of guidance from British Rowing as of 13 May 2020, please find the new rules that the Club committee has put in place to control rowing at our club and safeguard members' health.

We cannot police these, so it is up to every individual to follow them and take responsibility for their own health and those of other club members. If any member is seen to be in breach of these procedures then they will be barred from using the club facilities until the end of the lockdown.

DO NOT COME TO THE CLUB AT ALL IF YOU ARE EXHIBITING ANY SYMPTOMS OF COVID-19 OR BELIEVE THAT YOU HAVE BEEN EXPOSED TO AN INFECTED PERSON. UNDER THESE CIRCUMSTANCES PLEASE STAY AWAY FROM THE CLUB FOR THE LENGTH OF TIME ADVISED BY THE NHS <https://www.nhs.uk/conditions/coronavirus-covid-19>

We ask members who are healthcare workers to exercise their own clinical judgement as they may have occupational exposure to the virus but with mitigation through PPE.

Some of the club facilities are now open to members who have private single sculls. Private double scull can only be used by two people from the same household. Use of club boats is currently not permitted.

Boat/Time Booking

1. A maximum of two people may use the club facilities at any one time.
2. If two people are at the club at the same time, these two people must either be from the same household or socially distancing in excess of 2 metres during their entire visit to the club.
3. Only single sculling is allowed for people from different households.
4. A strict booking system is in place on the Yare Boat Club website. You can book your slot on the "social distancing" app in the members area.
5. There is no need to use the boat book in the boathouse, your outing is registered on the app above.
6. For those who are NOT working please try to avoid booking early or late slots to allow club members who are working more flexibility. If the early or late slots are not booked up then you can book them on the same day.



7. If you are working and can only access the club at a particular time which is already booked by another member, then please contact that individual directly to see if you can work out a mutually agreeable swap.
8. Everyone will need to be flexible and as courteous as we always are to ensure that this system runs smoothly and without complaint.
9. Unless you have booked the first slot of the day, arrive a few minutes past your start time to ensure social distancing is adhered to on the pathway from the River Garden car park to the landing stage.
10. Please ensure you have vacated the club premises before your indicated end time for the session.

Club access & hygiene rules

1. Do not arrive at the club before your allocated time even if this means waiting in your car/in the River Garden car park if you cycle or walk.
2. Please ensure that you are wearing a face covering before walking down the path from the River Garden. This must be worn until you get into your boat on the water. Bandanas or scarves are ok at the minimum.
3. Please use disinfectant sprays on padlocks and chains as per the procedure plan.
4. You must leave before the end of your allocated slot as well.
5. If you arrive and the previous session hasn't finished for some reason as indicated by the ferry still being at the club side, please wait patiently around the River Garden car park.
6. On arrival at the club and before touching any locks, please ensure you have sanitised your hands with your own sanitiser.
7. Please spray locks before and after use. If you note that the sprays are running low, please refill from supplies in the boathouse. If supplies are running low, please contact Lisa who will arrange for it to be replenished.
8. In the circumstance that two people are down during the session, please use the same ferry for your return journey. Leave the trestles out for the day behind the main boathouse. The member on the last booking slot will replace them in the boathouse.
9. Try not to use the light switches where possible.
10. As noted in the procedure, you must be wearing a face covering during all of this period until you get into your boat on the water. Only then may you remove it.
11. The only club facility open at this time is the toilet, but should only be used if really necessary. Soap for washing hands is provided but use your own where possible and use your own towel. After using the toilet, you must wipe all the surfaces you have touched: toilet flush, tap, door handle.
12. It is not practical for the club to provide cleaning equipment to do this and asks that all members take their own with them. This is not due to the cost involved, but simply to ensure that you can clean all surfaces as you leave – padlocks etc.
13. The kitchen area and changing rooms are out of bounds, except in the case of a capsized, when the shower will be available to use. They are both small, closed environments where the virus will linger for a long time. Please leave your bag on the floor by the boathouse doors during your session.
14. Before landing at the club following your outing, please put the face covering back on.



15. Please clean all equipment you touch as thoroughly as possible. Other people might move equipment around to get to their own so do not assume that whatever you have used will not be touched by others.
16. If you wish to wash and dry your boat then you must bring your own towels and take these away with you when you leave. Towels must be kept in a suitable bag and not left at the club or draped over club equipment/fixtures.
17. All blades should be stored sensibly with/near the appropriate boat, rather than in the blade racks. This is to minimise cross contamination.
18. At this point, the showers are closed except in emergency situations such as following a capsize or if you feel that you have been exposed to excess river water. If you have to take a shower then please remember the time limit for your slot and take home any towel that you have used.
19. Once weekly club members who make use of club facilities will have to clean all door handles, locks etc commonly touched on a rota basis. Please do not leave any rubbish at the club.

PLEASE NOTE THE FOLLOWING

1. If you decide to proceed with an outing based on the above, it will be at your own risk. Yare Boat Club would discourage anyone from taking any unnecessary risks during the Covid-19 pandemic.
2. There will be significantly less traffic on the river than normal. It is, therefore, completely at your own risk if you decide to scull on the river as there will be significantly less opportunity to get assistance if needed. Always row with another person if possible.
3. Yare Boat Club would encourage all members to have a fully charged mobile phone in a waterproof container with them during the outing and have the What3Words App downloaded. Members should have the Broads Authority emergency contact number stored in their phone. 01603 756056 is the Broads control centre number.
4. The YBC committee cannot offer any guarantee about any insurance that may or may not be valid during the pandemic, particularly for those with private boats. If this is of concern, then it is up to the individual member to check with their own insurers or with the club as to the club insurance cover.

All of the above, the associated risk assessment and the summary of expected behaviours have been compiled by the YBC committee members to comply with Government, British Rowing and Broads Authority guidance.

If you accept all of the above conditions and are willing and able to adhere to them, then please email back confirmation to Rob Kay at rob2k01@gmail.com and Manuela Martino at manuela_martino@yahoo.co.uk.

The Yare Boat Club Board
May 2020



Expected Behaviour

Rowing from Yare Boat Club during the Covid-19 pandemic

Risk of cross infection of Covid-19 from use of facilities – Expected behaviours of Yare Boat Club members

14 May 2020

We recognise that all Yare Boat Club members will act in their usual thoughtful and respectful manner but, at this time, these are behaviours that we must insist on. We have to keep our desire to go rowing in context and be aware of the impact we can each have on the safety of others. We must not be selfish and put our own pleasure before the safety of others.

You are expected to:

- Self-isolate and stay at home if you are exhibiting any symptoms of Covid-19 or believe that you have been exposed to an infected person. The symptoms are presented [here](#). Self-isolation also applies if anyone else in your household has had symptoms; this is explained [here](#).
- Follow government guidance on social distancing.
- Act as if you have the virus, taking all precautions not to pass on any possible infection.
- Act as if anyone you meet has the virus, taking all precautions not to put yourself at risk.
- Take your own sprays for locks etc and towels to dry the boat you use. Antibacterial wipes are not effective against viruses.
- Read the risk assessment and understand the risks that the club plan aims to mitigate.
- Follow the club plan.
- If you develop any Covid-19 symptoms at any time following your booking, you must notify the Club Captain and Water Safety Advisor immediately.

If you decide to proceed with an outing based on the above, it will be at your own risk. Yare Boat Club discourages anyone from taking any unnecessary risks during the Covid-19 pandemic.

If you wish to scull in a single from Yare Boat Club, you must accept the procedures set out in the club plan, adhere to the above behaviours and email confirmation to Rob Kay at rob2k01@gmail.com and Manuela Martino at manuela_martino@yahoo.co.uk.

If any member is seen to be in breach of these procedures then they will be barred from using the club facilities until the end of the lockdown.

Yare Boat Club Board



Risk Assessment

Yare Boat Club

Rowing during the Covid-19 pandemic: risk of cross infection from use of facilities - Risk Assessment

16 May 2020

Hazard	Probability	Severity of harm	Level of risk	Control measures	Residual Risk
Access to the island					
Touching padlocks, gate, chains, dinghy/ferry and paddles.	5	4	20	Members must sanitise hands before touching any surface. All surfaces touched by members must be sprayed with disinfectant. Attendees must use the same ferry in either direction.	5
Coughing/sneezing on padlocks, gate, chains, dinghy/ferry, and paddles	3	4	12	Members must not go to the club if they are showing any symptoms of COVID-19 before sessions. Members must use face coverings at all times on club premises. If an asymptomatic person coughs, wearing a cotton mask reduces the amount of virus transmitted by over 90%, significantly decreasing the viral load.	6
More than two members from different households at the club at any one time	2	3	6	Access at any one time is limited to two members through booking system, with one person in any boathouse at any one time. Introduce staggered arrival times. Members strictly adhering to timetable. One person only per ferry. Only the large barge ferry can accommodate two people from different households should they wish a session together, however as not more than two people	2



				attending at one time, such a scenario would allow them to, and they should, take two individual ferries in any event.	
Touching keypad (main boathouse), padlock (back boathouse) and door bolts	5	3	20	Sanitise hands with personal sanitiser before and after use, spray with disinfectant cleaner after use. Bring clean towels for hand and boat drying. They must be stored/carried in separate bag and not left at the rowing club or draped on club equipment	5
Access to boathouses					
Touching or coughing/sneezing on locks, doors, and any hard indoor surface	5	4	20	One person per boathouse at any one time. Face covering to be used at all times. Kitchen and changing rooms are out of bounds. Changing rooms/shower may be used by one person only in case of emergency (e.g. capsized), but must be cleaned with disinfecting sprays/wipes after use. The toilet is open, but should only be used if absolutely necessary, members requested to deal with needs before and after their sessions. Must be cleaned with disinfecting sprays/wipes after use and hands washed with soap. Members should preferably use their own soap and towel. Members to flush toilet with the lid down and wipe toilet flush, taps, door handle and lock after using the toilet with disinfecting wipes.	5
Access to the water					
Touching or coughing/ sneezing on trestles.	5	3	15	Use of face covering and hand washing as detailed in the plan. Trestles should be left out all day and removed by the last person on the booking log.	5
Boats and equipment					



Touching or coughing/sneezing on boats and blades	5	3	15	Use of private boats and private blades only. Use of face covering and hand washing as detailed in the plan.	5
Touching or coughing/sneezing on items used to wash and wipe down the boats	5	3	15	Members may use club buckets and sponges to clean their boats with plenty of detergent, but they are to use own towels to wipe their boats dry. Towels to be taken away when the member leaves in a suitable bag, and not left to dry at the club or draped over any club equipment/fittings.	5
Maintaining hygiene					
The pathogen remaining on hard surfaces	4	4	16	Avoid touching your face / eyes / nose / mouth. Use of face covering and hand washing as detailed in the plan. Members using private boats are required to clean all surfaces they have touched or interacted with before exiting the boat house. Twice weekly clean of locks/door handles/switches and other contact points by volunteer club member(s) who are using the club facilities on a rota basis. The club will need extra supplies of detergent.	4
Coaching					
More than two members from different households at the club at any one time	2	3	6	Coaching not being undertaken Social distancing booking app ensuring not more than 2 members are at the club at any one time	2
Communication					
Lack of clarity as to the expected behaviours of club members	3	3	9	The risk assessment, plan and set of expected behaviours is clearly communicated to all members from the time members are able to start accessing equipment/facilities. Any changes to procedures are communicated as they come into place. Members will be required to confirm in writing / by email to the Captain and Safety Officer that they have read and understood all associated Club covid-19 documents prior to first booking.	3



Club security						
Access from people other than members	1	4	4	There is a risk of people other than members touching surfaces on the River Garden side of the club. Members must spray the gate and ferry locks before touching them.	1	

			Probability				
			1	2	3	4	5
			Highly improbable	Improbable	Possible	Probable	Highly probable
Severity	1	Negligible	Low	Low	Low	Low	Moderate
	2	Minor	Low	Low	Low	Moderate	Substantial
	3	Moderate	Low	Low	Moderate	Substantial	Intolerable
	4	Major	Low	Moderate	Substantial	Intolerable	Intolerable
	5	Extreme	Moderate	Substantial	Intolerable	Intolerable	Intolerable



YBC - Corona Virus Boat User Process Chart	
1	Have I been in contact with anyone showing symptoms of the Coronavirus in the last 7 days
2	Have I any symptoms of the coronavirus Coughing, sneezing, fever, upset tummy
	Any of the above means no session for you today!
3	Arrive at club Sanitise hands Wear face mask
4	Handle gate/Locks Give a quick spray
5	Use ferry/paddles Give a quick spray
6	Open doors Give a quick spray
7	Avoid light switches
8	Get trestles Give a quick spray
9	Get blades Give a quick spray
10	Get boat on water/launch Once off the landing stage, sanitise hands before removing mask
11	Enjoy outing If meeting others on the water, you should be plenty distanced anyway!
12	Return to Club, before approaching landing stage sanitise hands before putting face mask back on face mask
13	Land
14	Boat on trestles Wash boat and blades thoroughly Wash hands thoroughly
15	Boat away, blades away near boat, not in the racks
16	Lock up boat house Spray door handles and locks that you have touched
17	Ferry Back Use the same one you came over with!
18	Lock ferry Spray touch points, locks, exposed chain and paddle
19	Lock gates Spray lock and touch points
20	Sanitise hands before getting in your car and remove face mask if you choose
21	Get a cuppa at home!