

Eastern Region Rowing council Eastern Junior Interregional championship selection policy

The Junior Inter Regional championship (JIRR) for J14- J16 will be held at **Peterborough on April 25**th **2020**. This is a great opportunity for developing junior athletes and the eastern region will be running selection events to select the best team for this event.

This document aims to describe key principles and processes for the selection of crews for this event. However to note that it is not possible to create a policy that covers all eventualities — the guiding principle is selecting the best team.

Events for the junior Interregional championships 2020 are as follows

	8+	4+	4-	2-	4x	4X+	2x	1x
J14						O/W	O/W	O/W
J15		O/W				O/W	O/W	O/W
J16	O/W	0	W	W	O/W		O/W	O/W

Note the addition of WJ16 2- for 2020.

Intention to enter spreadsheet

There is an Intention to Enter spreadsheet on this link:

https://docs.google.com/spreadsheets/d/1xqqlzBwst CHG-

28kKv1CoXrhRSDw7rhYOu2H4T0prk/edit?usp=sharing

The aim of this spreadsheet is so that coaches know which crews are likely to be entering and adjust their planning and entries accordingly.

It will also be used to assist event organisers with planning of the selection events.

Please can all coaches submit their likely entries on this sheet (if you have any problems accessing this please contact the team manager errcjuniors@gmail.com).

Selection process for 2020

The following **sweep oar events** will be selected at the Bedford Fours and Eights HOR on February 9th.

Div 1		
Div 2	WJ16 8+	
Div 3		J16 8+
Div 4	WJ164+	
Div 5		J16 4+
Div 6	WJ154+	
Div 7		J15 4+

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- Spaces have been reserved for those crews who have been notified on the intention to enter spreadsheet. As part of the event entry through BROE there will be a request to identify crews as being candidates for JIRR east selection.
- In order to achieve the fairest selection process it is important those crews going for selection race in their allocated division.
- The usual entry fee will apply.
- Note that the WJ16 4 event will be coxed at this selection event where the actual event at JIRR championships is coxless.

The following events (sculling events and WJ16 2-) will be selected from the Eastern Region junior selection regatta on **March 1**st **at Peterborough**. The main purpose of this event is for JIRR selection but the event organisers wish to encourage a full range of crews to compete. The event will run as a time trial initially with finals in the afternoon from stakeboats. An event poster will be circulated as soon as available.

	2-	4X+	2x	1x	4x
J14		O/W	O/W	O/W	
J15		O/W	O/W	O/W	
J16	W		O/W	O/W	O/W

Entries will be though BROE with the usual fee for regatta entry.

If there is a need for additional / alternative selection event this will be on March 15th at the Champion of the Thames junior HOR in Cambridge. (e.g. if the Bedford or Peterborough events are disrupted by poor weather).

Notes:

- Where there is only one crew entered for selection they will still be expected to show good performance at one of the selection events.
- The selectors reserve the right to promote younger juniors up an age class if they are clearly faster that their older age groups.
- Doubling up at the selection events is possible within the constraints of the event schedules.
 Individuals will normally be selected for only one event at the JIRR championships. However if in
 the best interest of the team, doubling up in the JIRR championships where they are
 significantly faster than the rest of the field in both of their selection events and where the
 racing timetable at JIRR allows for sufficient time between events.
- Coaches should ensure that all athletes entered for JIRR selection are able to attend the JIRR championships and have up to date British Rowing Membership for April. There is an expectation that the same athletes that achieve selection for the team are the ones that will race at the championship event. Coaches should advise the team manager if there is an unexpected need for substitutions in the run up to the JIRR championships so that the best crew can compete.
- Coaches should also ensure that there are meaningful training opportunities to maintain fitness and boat speed between selection date and JIRR championships in April (which follow swiftly after the end of the Easter holidays). If it possible, a team training session/ day will be arranged.
- Coaches will be notified as soon as possible after the selection events. Please ensure that the coach email and phone number are notified on the event entry. Note that the final selection list will be confirmed after the selection events for all boat classes has been completed.
- Competitors and coaches should note that winning your category does not give an absolute guarantee of selection; there may be other factors that have to be considered.

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- The Team Manager retains the right to select the team with the main aim of getting the best Eastern Region Team.
- Crews selected will need to advise of T shirt size (S/M/L/XL) immediately after selection is notified.
- There is no further fee for entry for the JIRR championship as this fee is covered by the Eastern Region Rowing Council.

Complaints and comments

Any complaints should be from club coaches only to the team manager.

Team Manager

Helen Knowles
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Supported by the Eastern Region Rowing Council members.

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