



Eastern Junior Interregional championship selection policy - INTERIM guidance October 2020

The Junior Inter Regional championship (JIRR) for J14- J16 will be held at **Nottingham on April 24th 2021**.

This document aims to describe key principles and processes for the selection of crews for this event. Given the current pandemic a pragmatic approach will be required.

Events for the junior Interregional championships 2021 are as follows

	8+	4+	4-	2-	4x	4X+	2x	1x
J14						O/W	O/W	O/W
J15		O/W				O/W	O/W	O/W
J16	O/W	O	W	W	O/W		O/W	O/W

Note the addition of WJ16 2-

Selection process for 2021

In 2020 the plan was to select the Sweep oar events at Bedford HOR in February and then a selection event at Peterborough for the sculling events. This remains a similar option for 2021 at this current time but there is a need to have an alternative realistic plan that takes into account the current pandemic situation. Dates for any selection events will be confirmed as soon as they are available.

We therefore would like to identify possible candidates and gather as much information as possible in terms of both fitness, boat speed and race experience. This information will be made available to all other coaches so that any possible private matches/ race offs can be arranged. As we move forward into the first part of the new year the position may become clearer about what might be possible. It is also the case that many clubs and schools have significant limitations on current water training opportunities and that racing in the last year was significantly impacted by weather pre-covid. J14s and J15s therefore may have minimal race experience.

So we would ask coaches to:

1. Use the Eastern Region Rowing Juniors 2020/21 spreadsheet (see below for link) to add possible crews for consideration. The intention to enter spreadsheet will be kept open to allow the late developers to be considered.
2. Please also log any of the following for your crews:
 - i. Ergo scores (e.g. no more than 4 scores say every month)

- ii. Timed water pieces (preferably two way to account for wind and flow). A base distance of 500m (both ways) from a standing start will allow for clubs with limited unrestricted water to be able to participate.
 - iii. Any race experience e.g. private matches
- These can be added to the spreadsheet or via errcjuniors@gmail.com
- 3. Where appropriate and if possible arrange private matches or training pieces between likely candidates (and advise of results errcjuniors@gmail.com)

Eastern Region Rowing Juniors 2020/21 spreadsheet

The google spreadsheet is [here](#) for coaches to upload information about the crews they wish to be considered for JIRR selection.

Progress on erg scores and timed pieces can also be uploaded.

The aim of this spreadsheet is so that coaches know which crews are likely to be entering and adjust their planning and entries accordingly.

It will also be used to assist event organisers with planning of the selection events.

Please can all coaches submit their likely entries on this sheet (if you have any problems accessing this please contact the team manager errcjuniors@gmail.com).

Additional information will be provided in updated guidance to take account of the developing situation.

Please feel free to contact the team manager with any queries.

Team Manager

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